

Warren ATR COVID Policies and Procedures

Athletic Training Room Requirements:

- To treat as many athletes as possible while observing social distancing guidelines, both AT rooms, B113 and B112, will be utilized for treatment, rehab, and taping.
 - *Maximum number of individuals in B113: 3*
 - *Maximum number of individuals in B112: 4*
- Athletes must wear a face covering to enter the athletic training facilities.
- Athletes will fill out the NISD Health Screening Questionnaire and have their temperature taken before entering the athletic training facilities.
- Multiple athletes cannot exit and enter the facility at the same time.
- Athletes must remain six feet apart at all times.
- Athletes must place their shoes and personal belongings outside the door.
- Equipment, treatment tables, and taping tables will be cleaned between use.
- The black treatment table in B113 is to remain vacant for *emergencies only*.

Athletic Training Room Policies:

- Athletes will not be allowed to “hang out” or mingle in the athletic training facilities.
- NO ice baths will be allowed (heat-related emergencies ONLY).
- Ice bags will be given out in a “to-go” form, AS NEEDED, without flex-wrap
- Stim unit will not be used unless deemed necessary at the discretion of the athletic training staff.

Treatments:

- Begin at 7:30 AM in both B113 AND B112 with a max of 10 minutes per treatment.
- Treatments during the athletic period must be approved by a coach first
- In-season athletes take priority if conflicts arise
- No after school treatments.
- If an athlete signs up for a treatment, ***they are expected to attend at their designated time.*** Late arrivals will not be accepted.
- Emergencies may require an athlete to exit the room during treatment time to meet maximum occupancy requirements.

Injuries:

- If an athlete sustains an injury that requires immediate parent pick-up, an athletic trainer will escort the athlete outside to the parent’s vehicle. Parents will not be allowed to enter the facility to pick up the athlete.
- All other injuries will be communicated via phone or email by the athletic training staff.

Hydration:

- Athletes must bring adequate water supply for their activity that day. (We recommend *at least* ½ gallon of an insulated container).
- Water containers must be clearly labeled and ***cannot be shared with other athletes.***
- Athletic training staff will begin providing hydration stations on September 8th.
- No mass water breaks will be allowed.